## The Insurance Advisory Committee

## **Meeting Minutes**

**APPROVED: September 21, 2021** 

Date: March 25, 2021

Time: 4:00 PM

**Place: Zoom Virtual Meeting** 

**Members present:** Lindsay Ames –Finance Department Representative; James Babu – Police Representative, Lisa Gagnon – Library Representative; Melissa Niland – Teachers Representative; Janet Vellante – Retirees Representative & Mary Zadroga - Non- Union School Employees Representative

**Absent:** Liz Allard - Non-Union Employee Personnel Board Representative & Nick Ammesmaki – DPW Representative

**Others Present:** Marie Sobalvarro - Assistant Town Administrator/HR Director, Rick Sicard – Fire Chief, Jared Mullane –Town Finance Director, Pat Natoli, Andrew Perry, Adam Thornton – Blue Cross Blue Shield of Massachusetts; Tara Fafard – Massachusetts Interlocal Insurance Association

Meeting Convened at 4:01 pm

**Minutes:** On a Lisa Gagnon motion and a Janet Vellante second, the minutes of the November 16, 2020 meeting were approved.

#### Discussion of Town of Harvard Health Plans

Marie Sobalvarro - Assistant Town Administrator/HR Director updated the IAC Committee with the upcoming Minuteman Nashoba Health Group FY 22 rates.

The document titled **Town of Harvard Health Plans** was shared.

- This document has been uploaded to the town's website under Human Resources Benefits with the open enrollment information.
  - Open enrollment is from April 1, 2021 through April 27, 2021

# Minuteman Nashoba Health Group (MNHG) Rates FY22

- MNHG applied half of the surplus (the difference between the premiums that had been paid
  and the healthcare expenses incurred) to offset the health plans' calculated increase in FY22
  rates.
  - Health care expenses remained low due to the pandemic
  - Without this calculated offset rates would have been 2.0% to 4.5% higher than listed.
  - Tufts and Harvard rates are running comparably very well

- o Fallon without the offset would have been 9.8% increase
- The rates in the upcoming fiscal year are listed in the document.
- At the time of the last IAC Committee meeting in the fall, the MNHG FY 22 rates were unknown.

#### Presentation and discussion with

# Massachusetts Interlocal Insurance Association (MIIA), representative, Tara Fafard and Blue Cross Blue Shield of Massachusetts representative Adam Thornton.

- Last fall left off waiting to see what happened with the decision of whether to move from MNHG to MIIA.
- Starting process earlier this year so the decision does not feel so rushed.
  - o Still working with the same lag time for **MNHG**'s release of rates.
- The size of **MNHG** is shrinking
  - Last year two towns (Tyngsboro and Lancaster) left MNHG.
  - Two more towns/groups are leaving this year, town of Carlisle (going to MIIA) and Lincoln-Sudbury (going somewhere else).

# Document shared Town of Harvard Rate Comparison for 6/1/21.

- Presentation and discussion of the comparison of the FY22 MIIA Rates verses the FY22 MNHG
   Rates:
  - Harvard Pilgrim HMO
    - MNHG increase +1%
    - MIIA decrease of -10.40%
  - Fallon Select
    - Bulk of enrollment
    - MNHG increase of +5.5%
    - MIIA increase of +6.49%
  - Fallon Direct
    - MNHG increase of +5.5%
    - MIIA increase of +2.73%
  - o Tufts HMO
    - MNHG increase of +1.5%
    - MIIA decrease of -6.41%

#### **Retirees**

- Tufts Medicare Preferred Plus
  - Bulk of retiree enrollment
  - MNHG increase of +1.6%
  - MIIA decrease of -18.90%
- Tufts Medicare Advantage
  - MNHG increase of +4.3%
  - MIIA decrease of -1.65%

# Overall if Harvard was with MIIA in FY22

- Active employees would have saved an average decrease on rates of -1.36%
- Retirees would have saved an average decrease on rates of -16.07%
- Overall decrease of -3.77%
- The town would have saved \$114,521.65
- Employees would have saved \$49,080.71

General discussion on thoughts going forward followed.

- Concerns of the IAC and what the IAC would like to see
  - Melissa Niland Teachers Representative
    - Not enough time has passed nothing has changed
    - Not enough savings and hits the Fallon group
    - Does not feel can go back to the teachers with it too much on their plates
  - o Tara Fafard (MIIA), Representative
    - Reminder there is a merger happening this year between Tufts and Harvard Pilgrim
    - MNHG will have two carriers instead of three next year and with Fallon's increases being subsidized from the other carriers the Fallon rates may be hit a little harder next year.
  - o Mary Zadroga Non- Union School Employees Representative
    - One of the concerns last time was the dental coverage
    - Fallon plan includes dental and would have been a big loss for some people.
    - Can MIIA offer dental program?

- o Tara Fafard (MIIA), Representative
  - At the last minute after the last IAC meeting, MIIA was able to locate a rider to put on a Blue Cross Blue Shield plan that included some dental coverage similar to the Fallon plan such as preventive dental cleaning.
- Marie Sobalvarro Assistant Town Administrator/HR Director
  - Town will not allow standalone dental plan
- o Adam Thornton Blue Cross Blue Shield of Massachusetts Representative
  - Able to put a dental rider on to the HMO New England and the Limited Network plans.
  - Cannot add dental to the PPO Plan
  - Will not affect rates will embed it into the medical plan and it would not be a standalone plan.
- o Mary Zadroga Non- Union School Employees Representative
  - Confusion last time on the differences between the three plans MIIA offered especially with local versus out-of-state coverages
  - Can we get scenarios to play out which one best for "me"?
- o Tara Fafard (MIIA), Representative
  - Tara just prepared something similar to scenarios for Carlisle with detailed information to help people choose
  - Plans are all the same it's just based on networks
  - Majority would go to the New England plan.
- Janet Vellante Retirees Representative
  - Two things most affect the retirees:
    - Total cost
    - Ability to access doctors other than local doctors
- Tara Fafard (MIIA), Representative
  - MIIA offers the MedEx Plan
    - Majority of retiree members would fall under this plan
    - o It is a national plan
    - As long as provider accepts Medicare they will accept this plan.
    - MIIA's MedEx plan rate is almost 19% lower than the current retiree Tufts plan.
    - No primary care doctor selection needed or referrals
    - Broader plan and an ability for nationwide

- MIIA also offers the HMO Managed Blue for Seniors
  - o It is an HMO plan only BCBS Massachusetts network
  - o Primary care doctors required and referrals for network required
- o Tara Fafard (MIIA), Representative
  - Wanted to let the IAC know MIIA did something similar to MNHG rate surplus discussed at the beginning of the meeting.
  - In FY21
    - o MIIA gave its members a ½ month premium holiday for medical
  - FY 22
    - o MIIA gave a full month's premium medical and dental holiday.
    - o All of MIIA's groups for July 1st will not receive a bill
  - MIIA likes to give back to the membership
  - It was a part of reserves and does not affect FY23 rate

#### Timeline going forward

- Same timeline as last fall
- Deadline December 1<sup>st</sup> to notify MNHG if leaving
  - With MIIA towns/groups only have to give 60 day notice (example notify by May 1<sup>st</sup> to leave July 1<sup>st</sup>).
- Change not happening this year (FY 22).
- It was suggested IAC members wait until after April enrollment before re-introducing it to town employees may cause confusion since we are discussing FY 23 and open enrollment is for FY 22
- MIIA will not have rates for FY23 until end of this August/September

# **Set Date/Time for Next Meeting**

The next meeting will be at the end of August/September when MIIA's rates come out for FY23.

Adjourn Meeting – Meeting was adjourned at 4:24 pm.

Respectfully submitted,

Lisa V. Gagnon