



Emergency Preparation List

To have at home:

- Flashlights and extra batteries
- Bottled water
- First aid kit
- Completed File of Life
- Non electric can opener
- Canned foods, nonperishables (crackers, dried fruits, nuts, granola bars)
- Battery powered radio
- Hand sanitizer

To take to the shelter:

- File of Life, which includes emergency contact information, doctor contacts, medications, allergies, medical conditions
- Medical insurance card/ drivers license
- Prescription medication and other medical devices- hearing aids, glucose monitors, etc.
- Dentures
- Eyeglasses
- Change of clothes
- Sleeping bag and/or blanket and pillow
- Keys
- Cash/Credit card(s)
- Toiletries: tooth brush and paste, deodorant, hairbrush, towel, soap and personal care items
- Cell phone

- Remember to make preparations for pets, including food, medications, and leashes or carriers